

Stage Make-up and Hair Style Instructions

9th Grade to Adults and all Elite Stars Dance Team Members

Dancers, even young ones, wear makeup on stage in order to make their faces and expressions visible to the audience. Without this makeup, dancers faces will appear washed out by stage lights and won't be seen by the audience.

Follow these simple steps to create a perfect, stage-ready face.

Blush (Required)

- Pink or Rose.
- Apply blush to the apples of the cheeks.

Lipstick (Required)

- True red and Dark red colors.
- Apply to the upper and lower lips.

Foundation (Required)

- Light shade similar to skin color.

Eye Shadow (Required)

- Three complementary brown colors (light, medium and dark).
- Apply the darkest shade near the eye, the medium shade above the eyelid crease, and the lightest shade under the eyebrow. Slightly blend the colors together.

Eyeliner (Required)

- Black and Silver Glitter.
- Apply a thin straight line to the upper lid and extend out to create a single wing with Black eyeliner.
- Apply a line to the bottom lash line with Black eyeliner.
- Apply a thin straight line on the upper lid with Silver Glitter eyeliner.

Mascara (Required)

- Gently sweep two coats on upper and lower lashes.

False Eyelashes (Required)

Hair style should be a center crown bun, unless otherwise told.

Top or Center Crown

